



MAHATMA GANDHI INSTITUTE OF MEDICAL SCIENCES, SEVAGRAM

IECD Module 3b Training

Date: 18-19 Mar 2021

Organizing Secretary/ coordinator: Dr. Abhishek Raut

Number of delegates: 29

Key topics:

1. To improve understanding of the Activity booklet.
2. To help the AWWs understand the science behind the play activities.
3. To help the AWWs understand when and what activity to be suggested to the parents.
4. Demonstration of an activity during their regular home visit.

Key resource persons:

- Ummeed Resource persons: Dr. Ashwini Vaishampayan, Dr. Namrata Edwards, Dr. Priya Jacobs, Dr. Aditi Bramhabhatt

Funding agencies: Porticus

REPORT

Module 3 B training was conducted at Department of Community Medicine, MGIMS, Sevagram. The training was conducted virtually (Ummeed trainers were online and conducted the training from Ummeed Child Development Center, Mumbai and MGIMS staff facilitated the training) for the Anganwadi Workers (AWWs) of Barbadi beat of Wardha District. All the COVID protocols were diligently followed during the training. Day 1 started with short introductions of the trainers from Ummeed team, MGIMS project team and the AWWs. Further, there was a short review of the teachings of the Module 1 training, discussion about the difficulties encountered by AWWs during use of our Activity booklet (krutipustika), Introduction about VROOM app and discussion about the science behind the activities to be recommended.

Day 2 started with revision of Day 1 followed by understanding the reasons for recommendation of an activity. WHY the specific age-wise chosen activity must be recommended, WHEN the activity must be recommended and Activity demonstration about WHY and WHEN was shown. Demo video (made by the MGIMS team) was shown about the activity recommendation. Further, the AWWs were divided into pairs and a small role play for the activity recommendation was conducted. Lastly, Knowledge bank and feedback forms were filled in Google docs. Feedback received was that the training was very helpful and it helped deepen the understanding of the activity booklet and its use. Role plays were very insightful and helped create excitement. Understanding of the science behind activity will help in suggesting age-specific activity and explaining the science to parents.

